



# West Cumbria Rivers Trust

Caring for our Lakes and Rivers

## River Restoration

Fill in the Gaps!

Planting \_ \_ \_ \_ \_ and strengthening river banks with willow fencing helps stop soil erosion. Soil pollutes rivers by covering the river bed and reducing \_ \_ \_ \_ \_ for wildlife.



Straight rivers are generally \_ \_ \_ \_ flowing meaning that habitable areas for wildlife are reduced. Adding natural \_ \_ \_ \_ \_ into a river can help to reverse this.

Compacted ground encourages the runoff of water into rivers instead of soaking into the ground which can lead to increased \_ \_ \_ \_ \_ downstream. \_ \_ \_ \_ \_ keep livestock away from the river bank, stopping compaction and allowing vegetation to grow.



Slowing the flow with a \_ \_ \_ \_ \_ dam allows for water to soak into the ground reducing the chances of flooding downstream and creates wildlife habitats.

Missing words: Leaky, Meanders, Oxygen, Fences, Fast, Trees, Flooding.

Draw your perfect river below!

### DID YOU KNOW?

Freshwater pearl mussels filter 50 litres of water a day!

